



Welcome. We are a group of
Friends **E**xploring **A**nd **S**haring **T**ogether,
we invite you to join us as we wonder, reflect, and get
curious about the gifts of life and all its big questions.

We each come as we are – there is no preaching, no
pressure here, only the warmth of welcome, the hope of
honest connection, and the joy of being in community.

Each week we will follow the same gentle rhythm:

Friends gather, faces both familiar and fresh.
Exploring scripture, poems, and songs of the season.
And receiving, we open our heads and hearts to God.
Sharing stories, and the gifts around and within us.
Together we listen, learn and grow as community.

Whether you have come on your own seeking answers, or
because a friend invited you, please know that there is a place
set especially for you around this table, and at

FEAST.



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Week 3 – The gift of Faith

Friends

- What helps you keep going when things are uncertain?

Exploring

- What insights into faith does this poem give you?
- What word, phrase, or sentence first caught your attention within this passage of scripture?

And ... as you listen to the song, take the time to listen to your head and heart, notice what memories, longings, or hopes stir within, those moments of Faith.

Sharing

- What does “light in the darkness” mean for you today?
- Where do we need to bring these “gifts of light” to our world this Advent?
- Who has helped you hold on in a time of darkness?

Together

- Choosing your own, or a different need from the sharing time, try to remember the person, place or situation in prayer during this week.

Friends, held in faith, may we

Explore the light that shines in our darkness.

And receiving God’s gift of trust, may we

Share that hope with those around us, as

Together we walk in the promises of God. **Amen**

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